## Being Me in My World Puzzle Overview - Year 1

Puzzle 1 Being Me in My World	Puzzle Outcome Help me fit together the six pieces of learning about Being Me in My World to create the Learning Charter	
Pieces		
1. Special and Safe	I know how to use my Jigsaw Journal	I feel special and safe in my class
2. My Class	I understand the rights and responsibilities as a member of my class	I know that I belong to my class
3. Rights and Responsibilities	I understand the rights and responsibilities of being a member of my class	I know how to make my class a safe place for everybody to learn
Rewards and Feeling Proud	I know my views are valued and can contribute to the Learning Charter	I can recognise how it feels to be proud of an achievement
5. Consequences	I can recognise the choices I make and understand the consequences	I can recognise the range of feelings when I face certain consequences
6. Owning our Learning Charter	I understand my rights and responsibilities within our Learning Charter	I can understand my choices in following the Learning Charter

## Celebrating Difference Puzzle Overview - Year 1

Puzzle 2 Celebrating Difference	Puzzle Outcome  Help me fit together the six pieces of learning about  Celebrating Difference to create a Hall of Fame display	
Pieces		
1. The same as	I can identify similarities between people in my class	I can tell you some ways in which I am the same as my friends
2. Different from	I can identify differences between people in my class	I can tell you some ways I am different from my friends
3. What is 'bullying'?	I can tell you what bullying is	I understand how being bullied might feel
4. What do I do about bullying?	I know some people who I could talk to if I was feeling unhappy or being bullied	I can be kind to children who are bullied
5. Making new friends	I know how to make new friends	I know how it feels to make a new friend
6. Celebrating difference; celebrating me  Assessment Opportunity	I can tell you some ways I am different from my friends	I understand these differences make us all special and unique

### Dreams and Goals

### Puzzle Overview - Year 1

Puzzle 3 Dreams and Goals	Puzzle Outcome Help me fit together the six pieces of learning about my Dreams and Goals to create Our Garden of Dreams and Goals	
Pieces		
1. My Treasure Chest of Success	I can set simple goals	I can identify my successes and achievements
2. Steps to Goals	I can set a goal and work out how to achieve it	I can tell you how I learn best
3. Achieving Together	I understand how to work well with a partner	I can celebrate achievement with my partner
4. Stretchy Learning	I can tackle a new challenge and understand this might stretch my learning	I can identify how I feel when I am faced with a new challenge
5. Overcoming Obstacles	I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them	I know how I feel when I see obstacles and how I feel when I overcome them
6. Celebrating My Success  Assessment Opportunity	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it	I know how to store the feelings of success in my internal treasure chest

# Healthy Me Puzzle Overview - Year 1

Puzzle 4 Healthy Me	Puzzle Outcome Help me fit together the six pieces of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book'	
Pieces		
1. Being Healthy	I understand the difference between being healthy and unhealthy, and know some ways to keep myself healthy	I feel good about myself when I make healthy choices
2. Healthy Choices	I know how to make healthy lifestyle choices	I feel good about myself when I make healthy choices
3. Clean and Healthy	I know how to keep myself clean and healthy, and understand how germs cause disease/illness I know that all household products including medicines can be harmful if not used properly	I am special so I keep myself safe
4. Medicine Safety	I understand that medicines can help me if I feel poorly and I know how to use them safely	I know some ways to help myself when I feel poorly
5. Road Safety	I know how to keep safe when crossing the road, and about people who can help me to stay safe	I can recognise when I feel frightened and know who to ask for help
6. Happy, Healthy Me  Assessment Opportunity	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy	I can recognise how being healthy helps me to feel happy

## Relationships Puzzle Overview - Year 1

Puzzle 5 Relationships	Puzzle Outcome Help me fit together the six pieces of learning about Relationships to create 'Our Relationship Fiesta'	
Pieces		
1. Families	I can identify the members of my family and understand that there are lots of different types of families	I know how it feels to belong to a family and care about the people who are important to me
2. Making Friends	I can identify what being a good friend means to me	I know how to make a new friend
3. Greetings	I know appropriate ways of physical contact to greet my friends and know which ways I prefer	I can recognise which forms of physical contact are acceptable and unacceptable to me
4. People Who Help Us	I know who can help me in my school community	I know when I need help and know how to ask for it
5. Being My Own Best Friend	I can recognise my qualities as person and a friend	I know ways to praise myself
6. Celebrating My Special Relationships  Assessment Opportunity	I can tell you why I appreciate someone who is special to me	I can express how I feel about them

## Changing Me Puzzle Overview - Year 1

Puzzle 6 Changing Me	Puzzle Outcome Help me fit together the six pieces of learning about Changing Me to create a Tree of Change display	
Pieces		
1. Life Cycles	I am starting to understand the life cycles of animals and humans	I understand that changes happen as we grow and that this is OK
2. Changing Me	I can tell you some things about me that have changed and some things about me that have stayed the same	I know that changes are OK and that sometimes they will happen whether I want them to or not
3. My Changing Body	I can tell you how my body has changed since I was a baby	I understand that growing up is natural and that everybody grows at different rates
4. Boys' and Girls' Bodies  Assessment Opportunity	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina	I respect my body and understand which parts are private
5. Learning and Growing	I understand that every time I learn something new I change a little bit	I enjoy learning new things
6. Coping with Changes	I can tell you about changes that have happened in my life	I know some ways to cope with changes