

PE and Sport Provision at Amble Links First School 2014-15

All children at Amble Links First School experience a range of Physical Education and sport activities both as part of the school's curriculum and many also benefit from extra-curricular activities.

In Foundation Stage children have opportunities to develop good control and co-ordination in large and small movements through a range of indoor and outdoor activities. They learn to move confidently in a range of ways and safely negotiate space through structured and unstructured play. Our extensive outdoor area allows the children to challenge themselves physically through the use of a range of apparatus and equipment such as bikes, climbing equipment and balancing apparatus. On a weekly basis all children also take part in a more structured PE lesson following the Action Kids programme. Reception class children have access to other play equipment on the main school yard during lunchtimes. From February half term the Reception aged children begin weekly swimming lessons.

Children in Key Stages 1 and 2 have a 1 hour weekly PE lesson. These lessons generally follow the Val Sabin detailed schemes of work for Games, Dance, Gymnastics and Athletics. Wherever possible PE lessons take place outdoors in our extensive grounds. We are visited by a specialist PE teacher and Junior Sports Leaders from our local High School on a weekly basis; these visitors lead and demonstrate lessons and support school staff in developing PE teaching. Areas led by these visitors include Tri Golf, tag rugby, tennis and multi sports.

Through buying into the School Sports Co-ordinator all of our KS1 and 2 pupils take part in a range of inter school competitions and festivals throughout the school year including an annual 'Dance Showcase', orienteering, cross Country, tri Golf, gymnastics, netball and athletics. Many of these events are hosted in the more specialist environment of the local High School. Annually, Amble Links achieves many successes in these events. Each Summer we host the Year 4 Quad Kids Athletics event for the Coquet Partnership of schools; a large event consisting of a range of athletics activities. Our annual Sports Days are very popular and well attended by a huge number of parents. All children, from nursery to Year 4 take part in a wide range of competitive athletic events which have more recently included a longer distance race which most children opt to take part in.

On a weekly basis we offer a free after school (early evening) Karate club for our pupils. All clothing, equipment, licences and coaching is funded by the school. Approximately 25 children attend this provision. Children are also able to come along to our weekly after school football coaching; this is also funded fully through the school.

From half way through Reception our children take part in weekly swimming lessons. These continue throughout their time at Amble Links. We feel that this is particularly important due to our location. By the time they leave Amble Links the vast majority of children are able to swim at least 25 metres with many far exceeding this distance. Key Stage 2 children take part in an annual intra-school swimming gala.

We have recently invested in developing our playtimes to raise levels of activity. Through Northumberland County Council Play Rangers we have trained a group of children to become Junior Play Leaders. These children lead and encourage other children to play a range of games at playtimes. The addition of more accessible

outdoor storage space and sports equipment has increased the amount of physical activity and sport taking place during playtimes and lunchtimes. Future developments include the deployment of a specialist Teaching Assistant to lead more active playtimes and coordinate our Junior Playleaders. In Spring 2014 we will also be adding a series of kerbs to our playground in order for the children to learn and play 'Kerby' in a safe environment.

Staff professional development in PE is a priority for 2014/15. Working with another specialist High School Sports College, all teaching staff will be given dedicated time to work with a specialist teacher who will observe their PE teaching and work with them to model, team teach and develop the quality of individual PE teaching. This initiative has already improved the overall quality of PE teaching and will continue into future years. The school's PE co-ordinator has worked closely with a specialist PE teacher to develop her subject co-ordination role and ensure that the PE curriculum is fully compliant with the new National Curriculum for 2014. We employ a teaching assistant who has coaching qualifications in athletics and netball. The school has strong links with community sports clubs such as Morpeth Harriers, Amble Netball Club and Amble Junior Runners and promotes the work of other sports clubs and events in the area.

Amble Links First School receives approximately £8500 per year to support PE and Sport Provision. For the 2014/15 and 2015/16 financial years it is planned that this amount will be spent in the following ways.

Amount	What we plan to do	Why we have planned this	What is the impact to date?
£2000	Employ a link sports teacher from local high school.	To provide weekly model PE lessons and organise inter school sports competitions and festivals.	Pupils have gained the opportunity to work with children from other schools, benefiting year 4 children for the transition to the middle school. Teachers have gained experience from working with a PE specialist in lessons.
£2500 (appropriate additional teacher release time is provided where necessary)	Membership of the Ashington and Coquet School Sports Partnership	To provide inter school festivals and competitions. To have support from a PE specialist to help highlight areas of development needed for teachers and to provide tailored CPD for them. For the training and development for the PE coordinator including support with developing a new long term plan which coincides with the new 2014 curriculum.	Children are participating in festivals and competitions with different schools. A positive response from all staff after observations from PE specialists and PE coordinator. Staff have found the feedback helpful and it is evident through further observations that feedback has been taken on board. P.E specialist and PE coordinator are in the process of developing a new long term plan where progress can be seen throughout the school staff have seen this to date and are happy with its structure and contents so far. Improvements in the quality of teaching seen through dropins and observations.

£1000	Provision of a free after school Karate Club including provision of relevant equipment and specialist clothing	We recognise that karate provides self-discipline, commitment and cooperation as well as increasing physical activity. Our school premises were used for a community karate club however we identified that there were not many of our pupils attending this club.	Children who attend the club are showing great commitment and responsibility. We have seen an increased number of children attending the club. Children are going through grading's meaning they are setting and achieving goals.
£900	Provision of free weekly football coaching	We recognise football promotes a sense of well-being, it encourages children to stage active and healthy, developing motor skills. It allows children to take on leadership opportunities and develop social skills.	We have had a good uptake in this club; it has been popular with all ages of children. We can already see the children developing necessary skills that they can apply to other sports. We are seeing that children are showing respect and corporation for other as they develop their team working skills.
£500	Additional sports resources and equipment.	To ensure children are physically active throughout the school day. To promote social skills and to give children the opportunity to learn new games and skills.	Children are enthused by the range of activities that are available to them at playtime. We are seeing children of all ages mixing with each other. Reduced number of behaviour issues at playtimes. More active playtimes.
£1200 (Contribution to the overall additional cost of £2100 overall cost of this provision)	Addition of a Teaching Assistant to lunchtime staffing.	To encourage, lead and coach sport activities at lunchtime.	Majority of children are now active at lunchtimes. There is a very low level of behaviour issues meaning children are coming back into school with little disruption and are ready for the rest of the day. Feedback from staff and pupils has been very positive and the overall impact upon classroom learning, especially in the afternoons, has been noticeable.
£300	Employment of Northumberland County Council Play Rangers	To train Junior Play leaders and work with lunchtime staff.	Play leaders are showing great commitment to their role in school. We are seeing them taking on their responsibilities wholeheartedly; using their training effectively. They are encouraging younger children to join in with activities and are demonstrating good leadership skills.
£100	Subsidised Water sports Trip for Y3 pupils	To provide children with the opportunity to take part in sporting activities in their local area. We recognise water sports are something children may have experienced and with this opportunity it may be something they consider taking up in the future.	Children came back from this very positively. They were enthused by the experience they had gained and the skills they attained in a short space of time. Many of the pupils will otherwise have not had experience of this type of sport.
£8500	Total		